



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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PROGRAM

CHRONIC PROSTATITIS

Complex rehabilitation of men with chronic prostatitis and erectile dysfunction (ED)

Place of implementation - SHR-NC, branch in HISARYA

Its waters are low-mineralized, hyperthermal (42.8°C), They contain hydrocarbonate-sulfate-potassium with high alkaline reaction and pleasant silicone and fluorine drinking qualities. Some of the waters are also slightly radon-containing. The unique property of the water consists in its hypoosmotic and purifying effect on tissues and organs with distinct diuretic effect.

The Hisarya division is specialized in the treatment of urinary and reproductive system

Target groups:

- **Primary and secondary prevention for men with chronic prostatitis and erectile dysfunction**

Methods:

- **Non-pharmacological management of the disease;**
- **Individual and complex approach** in combining the methods of physical and rehabilitation medicine;
- **Prevention of the chronic pain:** Restoring the erectile function and providing for the patients' security and awareness with respect to their condition;
- **Psychological rehabilitation:** Controlling the depressive symptoms. Reducing the anxiety. Crisis control. Improving the social adaptation;
- **Social rehabilitation:** Returning to the normal life, quick resocialization and cultivating the sense of security with respect to the sexual life.

Assessment of the achieved results and advises for the future:

If necessary, plastic or esthetic therapeutic correction of the anomalies of the sexual system can be performed.





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Required documentation:

- Medical report for former diseases
- Echography of the reproductive organs
- Tumor marker for prostate carcinoma – PSA
- Urine antibiogram
- Ejaculate antibiogram

