



## SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

Bulgaria, Sofia 1142  
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[www.rehabilitation.bg](http://www.rehabilitation.bg)  
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### PROGRAM

#### *Complex rehabilitation of adults and children with* **GASTROINTESTINAL AND HEPATOBILIARY DISORDERS AND CONSTIPATION**

##### **Place of implementation - SHR-NC, branch in HISARYA**

The main characteristics of this branch facility are its mineral water's specific and nonspecific qualities, which characterize it as hyperthermal, low-mineralized, alkaline, hydrocarbonate-sulfate-potassium and fluorine containing and slightly radioactive. The concentration of hydrocarbon ions in the water maintain the acid-alkaline balance in the body, reduce the gastric juice's acidity, plays protective role for the liver, stimulate the excretory function of the pancreas. The sulfate ions in combination with the magnesium ions have direct purifying effect on the gastrointestinal tract. The chlorides have washing action – they regulate gastric juice's acidity and have anti-inflammatory effect on the liver. The metacilic acid inhibits the gastric secretion and acts antiseptically on the intestines with antioxidant effect regulating the uratic metabolism in the body. Fluorine and calcium help building the bones and the teeth. Radon stimulates the cell metabolism and also has stimulating effect on the immune system.

##### **The Hisarya division is specialized in the treatment of:**

- Functional disorders of the stomach, duodenum and intestines
- Chronic gastritis, duodenitis and gastroduodenitis
- Gastric and duodenal ulcer
- Gastroesophageal reflux disease (GERD)
- Irritable bowel syndrome
- Chronic enteritis and colitis
- Gallbladder dyskinesia
- Chronic cholecystitis, cholangitis and cholangiohepatitis
- Calculous cholecystitis
- Conditions after cholecystectomy
- Chronic hepatitis
- Chronic constipation

##### **Methods:**

+359 2 988 59 05  
+359 2 987 31 76  
+359 2 980 35 52

If you have questions or wish to be consulted, don't hesitate to contact us!  
We will offer you the most favorable conditions and prices!





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Apart from the classical balneotherapy and physical therapy, other procedures applied are:

- Regime and diet
- Treatment by oral intake
- External spa treatment – aromatic baths, pearl baths, whirlpool bathtubs
- Physiotherapeutic procedures: electrotherapy, light therapy, ultrasound
- Kinesiotherapy
- Thermal therapy – lye, paraffin, sauna
- Swimming
- Tourism

### **The anticipated results are:**

- Eliminating the pain
- Eliminating the dyspeptic symptoms
- Relieving anxiety
- Reinforcing the self-confidence
- Improving the quality of life

### **Required documentation:**

- Medical report
- Endoscopic examination findings – gastroscopy, abdominal echography
- Biochemistry

