



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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PROGRAM

Complex rehabilitation for the treatment of patients **AFTER CHEMICAL AND THERMAL INJURIES AND CICATRIZATION PROBLEMS**

Place of implementation - SHR-NC, branch in KYUSTENDIL

The mineral water with its alkaline pH and chemical formula mainly composed of sulfur and sulfuric compounds is suitable for the treatment of dermatological diseases; it is characterized as low-mineralized, hyperthermal, hydrocarbonated, sulfate-sodium, sulfide, fluorine and silicon-containing. It is 73°C hot at a debit of 33 l/sec. The sulfur is playing an important biological role as a structural element and activator of vital processes, booster of the oxygenizing-regenerating processes, stimulator of the skin rejuvenation with bacteriostatic and bactericide effect.

The Kyustendil division is specialized in the treatment of:

- Conditions after thermal and chemical injury (burning, freezing)
- Conditions after conquesation, skin plastic surgeries
- Cicatrisation problems (seam complications of various nature)
- Chronic eczema, seborrheic dermatitis, psoriasis, neurodermitis, chronic urticaria, pruritus

This program is also appropriate for the treatment of patients injured in household, work, environmental, traffic postoperative conditions etc.

Methods:

Apart from the classical balneotherapy and physical therapy, other procedures applied are:

- Individual program for each patient in consideration of the stage of disease, the scope of injury, the existence (or not) of surgical intervention, location of injured tissues etc.
- Ultraphonophoresis with Contracturbex or other medicines facilitating the improved skin elasticity and nutritio, loosening the tissues and smoothening the concretions
- Training in good lifestyle practices
- Compressive dressing with plaques and elastic bandages





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- Wound treatment
- Psychological rehabilitation

The expected results of the program include stabilized skin epithelium, improved elasticity of the skin, plastic surgery and cicatrix recovery, better muscle strength and nutrition, larger scope of the joint movements, preparation for subsequent surgical correction (if necessary), improved mental and emotional condition and faster resocialization and reintegration.

A therapeutic course lasts 15 days, to be repeated, if possible 4 times per year or less depending on how old is the incident.

Required documentation:

- Medical report or interim medical report

