



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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PROGRAM

Complex rehabilitation for the treatment of **GYNECOLOGICAL DISEASES AND STERILITY**

Place of implementation - SHR-NC, branch in Kyustendil

The principal curative factors here are the mineral water and the turf mud of the group of peloids which is formed in result of geological processes. The chemical content of the mud includes volatile substances, ions of organic and inorganic acids playing the role of biogenic stimulators. Matters of special interest are the estrogen substances of vegetal and animal origin with specific biological effect. The healing properties of the mud are due to the complex effect of a number of factors – thermal, chemical, chemical-physical, mechanical.

The Kyustendil division is specialized in the treatment of:

- **For women** – chronic forms of: vulvovaginitis, endocervitis, endometritis, salpingitis, adnexitis, parametritis, ovarian dysfunction, uterine hypoplasia, conditions after surgical interventions in the internal sex organs, pending interventions – inseminations, in vitro fertilization;
- **For men** – chronic forms of: epididymitis, prostatitis, conditions after ISO surgeries, impaired spermatogenesis (oligoasthenozoospermia), impotentio coeundi

Methods:

Apart from the classical balneotherapy, physical therapy and kinesiotherapy procedures, other procedures applied are:

- Complex approach – combining pharmacotherapy with the methods of physical and rehabilitation medicine with appropriate diet;
- Application method for women in the form of mud panties
- Mud baths – combined with mineral water
- Mineral water shower with gradually increasing temperature
- Additional laboratory examinations are conducted if necessary

The expected results of the improved functions of the reproductive system are:

- Improved spermatogenesis with good potentio coeundi





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- In the cases of absolute indications for in vitro fertilization – better preparation for successful implementation of the procedure
- Pregnancy within the first months after the therapeutic course.
- **Required documentation:** All clinical and paraclinical examinations of the man and the woman.

