



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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COXARTHROSIS PROGRAM

Complex rehabilitation of patients with coxarthrosis

Place of implementation – SHR-NC, branch in Banya, Karlovo region

The characteristics of the branch are due to the availability of deposits of mineral – turf mud and the mineral water profile which is low mineralized, sulphatic, hydrocarbonated, sodium, fluorine, silicon containing water with high alkaline reaction.

Social impact of the disease

Coxarthrosis is one of the frequent localizations of osteoarthrosis which is provoking early disabling. This imposes early start and systematical implementation of a supporting complex physical therapy including balneological treatment.

Methods:

Medical rehabilitation

The purpose is early pain control, maintaining the degree of mobility of the coxofemoral joints, preserving their function, preventing the disease from progressing, limiting the process of disablement.

On the basis of kinesiological analysis an individual complex rehabilitation program is developed to include balneological therapy, physical therapy, kinesiotherapy:

- Mud therapy
- Lye therapy
- Underwater-jet massage
- Underwater exercise
- Therapeutic exercises
- Relaxing and painkilling techniques

Preformed physical factors

Social rehabilitation

Required documents: Medical report or interim medical report

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If you have questions or wish to be consulted, don't hesitate to contact us!
We will offer you the most favorable conditions and prices!

