



SPECIALIZED HOSPITALS FOR REHABILITATION NATIONAL COMPLEX EAD

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PROGRAM

Complex rehabilitation for the treatment of **NONSPECIFIC RESPIRATORY SYSTEM DISEASES – BRONCHIAL ASTHMA, CHRONIC OBSTRUCTIVE PULMONARY DISEASE AND CHRONIC BRONCHITIS**

Place of implementation - SHR-NC, branch in SANDANSKI

The main characteristic of this division is the mineral water – hyperthermal, low-mineralized and the **climate** – transitional – continental with distinct influence from the Mediterranean, Europe's unique for patients with bronchial asthma.

The Sandanski division is specialized in the treatment of:

- Bronchial asthma
- Chronic bronchitis
- Chronic obstructive pulmonary disease
- Conditions after pneumonia
- Allergic pharyngitis, laryngitis and rhinitis

Methods:

Apart from the classical balneotherapy, physical therapy, kinesiotherapy procedures, other procedures applied are:

- Inhalation therapy
- Reflectory massage
- Respiratory rehabilitation: - breathing gymnastics, positioned drainage, vibration massage
- Medication

Required documentation:

- Diagnostic examinations
- Medical report or interim medical report

